

# Care Instructions for Sphynx

**Litter:** World's Best Cat Litter (cheapest through Chewy's) corn based and can be scooped and flushed down the toilet. Seriously the most awesome litter!



**Bathing:** Johnson's Baby Shampoo, HyLyt Shampoo and either baby oil or filtered coconut oil.



## Steps

1. Rub down with either coconut oil or baby oil
2. Let the oil set for 5 minutes (they love to be massaged during this time!)
3. Rinse
4. Wash with baby shampoo

**\*\*Bathing needs will depend on the cleanliness of the home environment, quality food, and the nature of the individual cat. It's important not to strip the natural oils too often (ie bathing too frequently) because that can produce an even higher amount of oil. I suggest 1-2 baths a month at the most with periodic wipe down with coconut or baby oil.**

**Nails:** Should be trimmed every week. Nail grease needs to be cleaned every week with warm water and soap. (I use a washcloth to help rub the grease off the nails)

**Ears:** Should be wiped out with cat ear wipes or baby wipes every week. Be very careful if using ear swabs as you can do damage if you go too far down in the ear with the swab.

**Feeding:** Whether you choose to feed RAW, canned, or dry kibble, please make sure that it is quality food. Sphynx are known to have high metabolisms and need to eat often. They can also be picky eaters so you might have to try a few different brands out or even switch them up every once in a while. I always leave dry food out, but also feed canned food or Raw in the AM and PM. Fresh and clean water needs to be available 24/7!

### Here are some good Food options

- Canned:
  1. Holistic Select:  
<https://www.chewy.com/s?query=holistic+select&rh=FoodForm%3AWet+Food%2Cc%3A325>
  2. Tiki Cat:  
<https://www.chewy.com/s?query=tiki+cat&rh=c%3A325%2CFoodForm%3AWet+Food>
  3. Evangers: <https://evangersdogfood.com/dog-food/grain-free-game-meats/>
  4. Merrick:  
<https://www.chewy.com/merrick-backcountry-raw-infused-game/dp/126705>
  5. First Mate: <https://www.chewy.com/s?query=First+mate&rh=c%3A325>
  6. Royal Canin: <https://www.royalcanin.com>
- RAW:
  7. Blue Ridge Beef (RAW): Phil and Pam Soth are distributors for the Pacific Northwest region. Email: [pam@quailridgebirmans.com](mailto:pam@quailridgebirmans.com)
  8. NW Naturals (RAW): <https://nw-naturals.net/cat-food/>
  9. Make your own raw:  
[https://feline-nutrition.org/nutrition/making-raw-cat-food-for-do-it-yourselfers?fbclid=IwAR33HNUrGD59sMuTmZw-O4iwqNgNFf\\_codH5Wg-\\_9ubSJ5sIG18zbSbUIYo](https://feline-nutrition.org/nutrition/making-raw-cat-food-for-do-it-yourselfers?fbclid=IwAR33HNUrGD59sMuTmZw-O4iwqNgNFf_codH5Wg-_9ubSJ5sIG18zbSbUIYo)
  10. [http://www.catnutrition.org/recipes.html?fbclid=IwAR2Ftvjl-40j24ee0-qNKAU-gmNUzyXedwiEWYV7OLHUP6n\\_pCuzBwK9RRg](http://www.catnutrition.org/recipes.html?fbclid=IwAR2Ftvjl-40j24ee0-qNKAU-gmNUzyXedwiEWYV7OLHUP6n_pCuzBwK9RRg)
  11. [http://fnae.org/raw.html?fbclid=IwAR1GGBmhX\\_fy9KPEbfSNC74xrwl-LhxbXZVXIk0HKTvZEp2qRZBBY4gQdik](http://fnae.org/raw.html?fbclid=IwAR1GGBmhX_fy9KPEbfSNC74xrwl-LhxbXZVXIk0HKTvZEp2qRZBBY4gQdik)
  12. [https://www.thenutritioncode.info/beef-sample-recipes?fbclid=IwAR0v-owQC80y5m\\_wFcsAqQ0ESrxMEFJ52xuEvj7EoB1QnMWhI3JmqwhTP3M](https://www.thenutritioncode.info/beef-sample-recipes?fbclid=IwAR0v-owQC80y5m_wFcsAqQ0ESrxMEFJ52xuEvj7EoB1QnMWhI3JmqwhTP3M)